Avocado Freeze

Ingredients

- 1 avocado
- 1 cup almond milk
- 1 cup crushed ice
- Honey (to taste)

Directions

- 1. Cut open avocado, remove pit and throw away skin.
- 2. Place all ingredients in a blender or food processor.
- 3. Blend until smooth.
- 4. Garnish with a lime slice and enjoy!

