



**Power Bites**

 **BRONSON**

# Power Bites

Makes 25 bites

## Ingredients

- 2 ½ cups rolled oats
- 1 cup peanut butter
- ¼ cup pumpkin seeds
- ½ cup honey
- ½ tablespoon cinnamon

## Directions

1. Heat peanut butter and honey in a saucepan over low to medium heat.
2. Once mixture is smooth, remove from heat and add dry ingredients. Stir until well combined.
3. Roll into tablespoon size balls.
4. Cover and let sit in the refrigerator overnight. Enjoy!

## **Nutrition Information (per Power Bite)**

*154 calories, 7.4g fat, 1.5g saturated fat, 18.2g carbohydrate, 5.9g protein, 2.5g fiber, 48mg sodium*