Total Joint Replacement Care Companion

You have been enrolled into the Total Joint Replacement Care Companion by your provider. A Care Companion is a feature through MyChart to guide you through your joint replacement care journey. The Care Companion will send reminders to complete certain tasks starting 30 days before your surgery and up to 18 days after your surgery. *Post-Op questionnaires will continue to be sent up to 1 year after surgery.

How to use Care Companion:

- 1. Log into your <u>MyChart account</u>
- 2. Click "Your Menu" and scroll down to My Record section.
- 3. Click "To Do" to view the tasks that have been assigned to you.
 - a. Tasks will appear 30 days prior to surgery.



Task Notification:

You can adjust when notifications are sent to you so it works with your schedule.

- 1. From the "To Do" section click "Manage Reminders".
- 2. Choose how, when and how often you would like to receive your task notifications.
 - a. Text, Email or Push Notification if you have the MyChart App.
 - b. Specify the time during the day when you would like to receive your notification(s).
 - c. Get one notification daily or separately when tasks are due.

Types of Tasks:

- Education
 - This may include education materials or an online class.
 - Education materials are articles to read or videos to watch.
- Orthopedic Specific Questionnaires
 - Michigan Arthroplasty Registry Collaborative Quality Initiative (MARCQI)
 - Questionnaires emailed directly to you from the qaulity improvement collaberative before and after your surgery.
 - Data tracking for improved safety and quality of hip and knee joint replacement surgeries.
- General Information

How to Complete a Task:

- Once you have completed the assigned task click the green "Complete" button.
- You can also click the red "Skip" button if the task does not pertain to you.
 - You can always "Undo" a task if accidently clicked.
- Some tasks have a black "Go" button, this will lead you to your education tasks.
 - \circ $\;$ This will direct you to read an article, watch a video or join an online class.
 - Click the "I Understand" button once you have completed your education or click the "Ask a Question" button to send a message to your care team.

